



BRHC Hikes --- 2nd Quarter, 2019

Monday Hikes

Monday Hike List

All hikes meet at 9:30 am, are more or less 5 miles in length, offer a relaxed pace and are done by noon, mostly. No dogs please.

Children and grandchildren, guests, visitors, and non-members are very welcome.

Apr 1: Trout Lake to Manor House & Figure 8 Trail: Meet at Trout Lake parking lot (1st exit left off Parkway just south of Cone Manor going to Rt. 221 and then take an immediate right, a U turn, onto Shull's Mill Rd going under parkway), and an immediate angling right onto single lane paved access to parking around the lake.

Apr 8: Bass Lake to Cone Manor loop. Meet at Bass Lake lower parking area, off Rt. 221 just west of Blowing Rock.

Apr 15: The Maze and Apple Barn at Cone Manor. Meet at Bass Lake lower parking area, off Rt. 221 just south of Blowing Rock.

Apr 22: Mountain-to-Sea Trail: Meet at the Raven Rock Overlook, hiking south & north, BRP MP 289.5.

Apr 29: Trout Lake to Rich Mountain: Meet at Trout Lake parking lot.

May 6: Price Lake plus. Meet at Boat ramp parking area, BRP MP 297. Since this is a short hike, be prepared to hike over to and up a bit of the Tanawha Trail.

May 13: Green Knob Trail: This is a short trail with a bit of a climb. Meet at Sims Pond Overlook, BRP MP 295.9.

May 20: Old John's River Road to Price Lake, and a visit to King's marker. Meet at Sim's Pond Overlook, BRP MP 295.9.

May 27: Flat Top Observation Tower + Cone Memorial. Meet in front of the Carriage House by Cone Manor, BRP MP 294.1.

Jun 3: Old John's River Road to Boone Fork and the new MST bridge. Meet at Sim's Pond Overlook, BRP MP 295.9.

Jun 10: Tanawha Trail to Holloway Mountain Road, and on to an older community cemetery. Meet at boat ramp parking at Price Lake, BRP MP 297.

Jun 17: Carriage Barn to Blowing Rock Stables: Meet in front of the Carriage House by Cone Manor, BRP MP 294.1.

June 24: Mountain-to-Sea Trail to 321. Meet at Thunder Hill Overlook, first overlook on BRP north of 321, MP 290.4.

Wednesday Hikes

April

3 - **Mt. Jefferson**: Hike new and old trails to the summit of Mt Jefferson and back. Approximately 6+ miles, rated moderate. Meet at the ranger station. No Dogs. Hike Leader, Curly, (336) 982-8591.

10 - **Appalachian Trail**: Nolichucky River to Indian Grave Gap, Where: Near Erwin, TN, Description: 8.1-mile, moderate, point-to-point trail with 2,200+ elevation gain. Bring food/drink. Contact hike leader Susan Walls by calling or texting 706.994.1011 or e-mailing bhmssw@charter.net.

17 – **The AT** from Hughes Gap to Iron Mountain, approximately 9.5 miles, moderate, gorgeous views. Hike Leader: Carol Ann Mitchell, text 423-957-1207, email camitchell21@gmail.com cell 423-772-4280. No dogs.

24 - **Grayson Highlands**, Where: Meet in Backpackers Parking Lot in Grayson (Mt. Rogers Area). Description: 10-mile, 1,800 ft.-elevation gain, moderate hike. Offers open meadows, great vistas, and, hopefully, Grayson ponies' sightings. Poles recommended. Contact hike leader Susan Walls by calling or texting 706.994.1011 or e-mailing bhmssw@charter.net.

May

1 – **"Wildflower Crawl on Lower Profile Trail"** - Explore the Spring Wildflowers on the LOWER section of the Profile Trail. Time and place will be determined by the Gifts that Mother Nature has provided. Moderate about a mile round trip. No Dogs. Susan Moore - moore2157@bellsouth.net - 828-733-5748.

8 - **Appalachian Trail**: Iron Mtn. Gap to Hughes Gap. Where: Near Roan Mtn., TN, Description: 8.8-mile, point-to-point, moderate hike with 2,300+ elevation gain. Contact hike leader Susan Walls by calling or texting 706.994.1011 or e-mailing bhmssw@charter.net.

15 – **Tanawha Trl. at Holloway Mtn. Road to Cold Prong and Beyond** Description: Meet at the parking lot on Holloway Mtn Road at 9:30 and we will hike out and back about 4.5 mi., moderate walking. No dogs. May proceed onward a ways or maybe even to the Boone Fork Bridge. Call hike leader Roger Bodo at 828-260-2019.

22 - **Holloway Road to Shulls Mills Road.** This hike will start on the Tanawha trail, then join the Boone Fort Trail to the new MST bridge crossing Boone Fork Creek and finish on MST trail going up to Shulls Mills road. Will spot cars at each end. 5-6 miles rated moderate. No dogs. Call hike leader Juin Adams at 828-295-9607 or email juinadams@yahoo.com.

29 – **The AT:** "Moderate hike along the MST from Osborne Overlook (BRP MP 278) for approximately 2.5 miles and return along the same route. The trail is generally in good condition and mostly in the shade, but with uphill stretches throughout. Bring plenty of water and a snack to have at the turn-around vista point. Hiking poles would be helpful if there are any slick or uneven places along the path." No Dogs. Hike Leader, Lory Whitehead, phone 828-553-4888 or email loryaw44@gmail.com.

June

5 – Curly - Mystery Hike - TBD

12 – **The AT** from Carver's Gap to Stan Murray shelter--or Red Barn--moderate/strenuous, 9-11 miles. Hike Leader: Carol Ann Mitchell, text 423-957-1207, email camitchell21@gmail.com cell 423-772-4280. No dogs.

19 – **The AT** from Watauga lake across Pond Mountain to laurel Falls and out via the Blue trail--lovely walk along the Laurel Fork. About 10 miles, moderate. Hike Leader: Carol Ann Mitchell, text 423-957-1207, email camitchell21@gmail.com cell 423-772-4280. No dogs.

26 – **Laurel Fork Falls:** This hike is in the Pond Mountain Wilderness and Cherokee National Forest, and will begin from the trailhead parking area on US 321/TN 67 in Hampton, TN. We will follow the Hampton Blueline Trail to its intersection with the Appalachian Trail, then south on the AT, up the high water route, and down to the falls for a lunch stop. We will then make our way back to the trailhead along the low water route. Total distance approximately 5 mi. Rated moderate. Rendezvous in Boone for carpooling. My contact info is 443-306-9933 and sammcnair@yahoo.com.

Saturday Hikes 2nd Quarter, 2019

April

6 **AT to Watauga Dam:** Approx. 8 scenic miles around the lake to the Visitor Center and back. Easy to moderate. No dogs. Call hike leader: Carol Ann Mitchell text 423-957-1207, call 423-772-4280, email camitchell21@gmail.com.

13 **Colbert's Ridge:** Hike Colbert's Ridge off Highway 80 on the way to Mt. Mitchell. The hike is approx.. 8 mi. round trip, 2725' elevation gain, rated moderate/strenuous. There are beautiful views of the Black Mountains and a unique view of Grandfather Mountain. Bring hiking sticks--the trail is steep in some places. No dogs. Call hike leader Nancy Mick at (912) 270-8919 (text or call) or email ellenmick631@gmail.com.

- 20 **TBD: AT from Carver's Gap to Grassy Ridge Bald:** Moderate stroll about 5 miles out and back. Meet either at Carver's Gap parking area 10:00 or carpool from Banner Elk parking lot by the park 9:15. Optional pizza lunch at the Smoky Mountain Bakers in Roan Mountain on the way home. No dogs. Contact Mike Lobban at mjlobban@bellsouth.net or 305-905-7000.
- 27 **Boone Fork Trl. via Holloway Mtn. Rd./Tanawha Trl.:** Meet at the parking area at the halfway point on Holloway Mtn. Rd. Hike the Tanawha to Boone Fork Trl, loop containing rivers, rapids, waterfalls, meadows, water crossings (easy-difficult, depending on water levels), and rhododendron tunnels. Includes 2 trail ladders and back. Moderately strenuous, 8 mi. Hiking sticks strongly recommended for water crossings. No dogs. Call hike leader Bob Heath @ 828-773-0471.

May

- 4 **Basin Creek Trail Hike to Caudill Cabin:** (Alleghany/Ashe Co.). 9.6 miles, all-day hike. Rated moderate to strenuous. Elevation gain of 1,560 ft., 34 stream crossings, mostly by rock-hopping. Streams are not deep or wide. Chimneys are left standing from cabins washed away in the terrible flood of 1916. The Caudill cabin, however, is newly restored. Dress for the weather, bring 2 quarts of water, flashlight, hiking sticks for stream hopping, a small towel, and lunch. No dogs. Call hike leader Curly Perzel at 336-982-8591.
- 11 **Graybeard Trail:** Near Black Mountain/Montreat, the trailhead is on the road behind the Montreat College and Conference Center. The trail is 9.5 mi. out and back, 2400' elevation gain, rated strenuous/difficult. Approx. 6 hrs. The trail offers stunning views of the Black Mountains. Bring hiking sticks, lots of water and lunch. No dogs. Call hike leader Nancy Mick at (912) 270-8919 (text or call) or email ellenmick631@gmail.com.
- 18 **Hughes Gap to Iron Mountain:** Approximately 9.5 miles, fabulous views, moderate strenuous in parts. No dogs. Contact hike leader: Carol Ann Mitchell text 423-957-1207, call 423-772-4280, email camitchell21@gmail.com.
- 25 **Hawksbill Mountain Plus:** Meet at Christa's (Christa's Country Corner, Hwy 181, mile marker 312 off of the Blue Ridge Parkway) Pineola, NC and carpool to Hawksbill (due to limited parking). Moderate to strenuous 1.8 miles up and back, with 670 ft. elevation gain; approximately 2 hrs. Fantastic views of the Gorge. We're looking for another access trail which may add some additional distance and gorge views. Bring hiking sticks. No dogs. Call hike leader Bob Heath at 828-773-0471.

June

- 1 **Elk Knob:** 3.8 mi. round trip, with 900 ft. gain in elevation. Spectacular views at the summit. The trails are mostly moderate, but steady incline; steep in some places. 2 ½ - 3 hrs. No dogs. Call hike leader Lory Whitehead at 828) 553-4777.
- 8 **Quarterly Meeting Hosts:** Eva Rand and Roger Bodo
- 15 **Table Rock and Shortoff Mountain:** Table Rock is 2 mi. of moderately strenuous hiking roundtrip. After returning to the parking area, hike the Mountains To Sea trail toward Shortoff Mountain which affords many beautiful views of the Linville Gorge. Stop at "The Amphitheater" for lunch then return. Total hike will be approximately 4-5 mi. No dogs. Call hike leader Skip Rackmill at 828-355-9303.

- 22 **Profile Trail to Calloway Peak**: 8 miles, 5 hrs. The hike will begin at the new parking area/trailhead. Rated strenuous; total elevation gain 2,300 ft. At Calloway Peak there are 360-degree vistas at 5,946' elev. Bring water, snacks, and lunch. Hiking sticks are recommended. No dogs. Call hike leader Bob Heath at 828-773-0471.
- 29 **The Humps at Roaring Creek or Pond Mtn. to Laurel Falls**: Hike leader Carol Ann Mitchell, text 423-957-1207, call 423-772-4280, email camitchell21@gmail.com.