



## 4th Quarter 2018 BRHC Hikes

### Monday Hikes

*All hikes meet at 9:30 am, are more or less 5 miles in length, offer a relaxed pace and are done by noon, mostly. Children, Grandchildren, guests, visitors, and non-members are very welcome. No dogs please.*

#### **October**

Oct 1: Trout Lake to Manor House & Figure 8 Trail: Meet at Trout Lake parking lot (1st exit left off Parkway just south of Cone Manor going to Rt. 221 and then take an immediate right, a U turn, onto Shull's Mill Rd going under parkway), and an immediate angling right onto single lane paved access to parking around the lake.

Oct 8: Bass Lake to Cone Manor loop. Meet at Bass Lake lower parking area, off Rt. 221 just west of Blowing Rock.

Oct 15: The Maze and Apple Barn at Cone Manor. Meet at Bass Lake lower parking area, off Rt. 221 just south of Blowing Rock.

Oct 22: Mountain-to-Sea Trail: Meet at the Raven Rock Overlook, hiking south & north, BRP MP 289.5.

Oct 29: Trout Lake to Rich Mountain: Meet at Trout Lake parking lot.

#### **November**

Nov 5: Price Lake plus. Meet at Boat ramp parking area, BRP MP 297. Since this is a short hike, be prepared to hike over to and up a bit of the Tanawha Trail.

Nov 12: Green Knob Trail: This is a short trail with a bit of a climb. Meet at Sims Pond Overlook, BRP MP 295.9.

Nov 19: Old John's River Road to Price Lake, and a visit to King's marker. Meet at Sim's Pond Overlook, BRP MP 295.9.

Nov 26: Flat Top Observation Tower + Cone Memorial. Meet in front of the Carriage House by Cone Manor, BRP MP 294.1.

#### **December**

Dec 3: Old John's River Road to Boone Fork and the new MST Bridge. Meet at Sim's Pond Overlook, BRP MP 295.9.

Dec 10: Tanawha Trail to Holloway Mountain Road, and on to an older community cemetery. Meet at boat ramp parking at Price Lake, BRP MP 297.

Dec 17: Carriage Barn to Blowing Rock Stables: Meet in front of the Carriage House by Cone Manor, BRP MP 294.1.

Dec 24: Mountain-to-Sea Trail to 321. Meet at Thunder Hill Overlook, first overlook on BRP north of 321, MP 290.4.

Dec 31: Trout Lake to Rich Mountain: Meet at Trout Lake parking lot.

## Wednesday Hikes

### October

3 - Roaring Creek over the Humps to 19E. 9 miles moderate to strenuous. Gorgeous views. Hike leader Carol Ann Mitchell. No dogs. [camitchell21@gmail.com](mailto:camitchell21@gmail.com); 423-772-4280.

10 - Mt. Jefferson - Meet at Mount Jefferson State Park to hike from Sunrise Overlook to the top. About 5-6 miles, out and back. Moderate to strenuous. Nice new trail with great views. No dogs. Contact hike leader, Pam Hoffman, 828-262-9779 or [hoffmanpw@yahoo.com](mailto:hoffmanpw@yahoo.com)

17 - Wednesday, October 17 Mountain to Sea Trail from Price Picnic Ground to Trout Lake. This little known section of the Mountain to Sea Trail and has some outstanding high views from the top of Rich Mountain. We will hike a mile or so on the Boone Fork trail, then cross the river on the new MST bridge and go uphill across Schull's Mill Road to Rich and down to and Trout Lake. 6-7 moderate to strenuous miles. Bring water, snack/lunch. No Dogs. Call hike leader Juin Adams at 828-295-9607

24 - Linville Falls Meet at the Linville Falls Parking lot, BRP, MP 316.5. Moderate to strenuous hike to both the Plunge basin overlook and Plunge Basin lower area depending on conditions, and given time, also part of the Upper falls trails. Expect about a 3.0 hour hike. Optional lunch at picnic area by the river on other side of BRP afterwards. No dogs, contact hike leader, Mike Lobban - call/text (305) 905-7000 or email [mjlobban@bellsouth.net](mailto:mjlobban@bellsouth.net).

31 - Annual CARDIO hike up the Sugar mountain ski slope with awesome long range views. We'll start at the lodge & walk up to the top which is appx 1 mile or so with a 1200 ft elevation gain. It can be done in 25 mins without stopping or 50-60 mins with several stops (depending on the groups' pace) The walk down is appx 40-50 mins. Bring your camera for great pictures, & of course, plenty of water. This will be a fun time & you'll be glad you did it Start time will be 10:00. Call so I'll know you're coming & for directions. Harvey Crouch 828-773-5265.

## **November**

7 - Elk Knob Back County campsite trails downhill and back, ridge view at bottom, waterfall/cascade along the way. No rock climbing, several small water crossings, fairly steep. Bring water and snack and sticks.

6+ miles. Strenuous. No Dogs. Call hike leader Juin Adams at 828-295-9607

14 - AT Watauga Lake 8 miles, easy moderate. Hike leader Carol Ann Mitchell. No dogs. [camitchell21@gmail.com](mailto:camitchell21@gmail.com);423-772-4280.

21 - Mountains-to-Sea Trail - Jeffress Park, BRP MP 271.9 to Phillips Gap Road. We can take a brief side trip to the Cascades if the group desires. About 6 miles, hilly, moderate, out and back. No dogs. Contact hike leader, Pam Hoffman, 828-262-9779, or [hoffmanpw@yahoo.com](mailto:hoffmanpw@yahoo.com)

28 - River Loop at Black Mountain Campground The trail is about 5 miles long and is rated moderate. (I would rate it easy/moderate except there is one water crossing.) There are beautiful views of the Black Mountains and the South Toe River. Meet at 10:00 am at Black Mountain Campground. After the hike, we will go to Setrock Falls and eat lunch, weather permitting. Bring water, hiking sticks and snack/lunch. Call Susan Smith at 704-607-0330 to sign up for the hike.

## **December**

5 - Damascus Park at the country restaurant and ice cream store. Walk on Va. Creeper Trail/AT about half mile to the steps up into the woods. Hike 4 miles on AT to Straight Branch cut off back to Va. Creeper Trail and walk back 4 miles to town. Hike Leader Gloria. [hasumati1@juno.com](mailto:hasumati1@juno.com)

12 - Holloway Road to Cold Prong via the Tanawha Trail or possibly on to Boone Fork Bridge if trail conditions permit with return the same way. 4½ - 7 miles; rated moderate. Hike Leader Sherrey Murray. No dogs. (828) 737-0248 or [smpa@att.net](mailto:smpa@att.net).

19 - Carvers Gap to Grassy Ridge 6 miles. Gorgeous 360 degree views. Hike leader Carol Ann Mitchell. No dogs. [camitchell21@gmail.com](mailto:camitchell21@gmail.com);423-772-4280.

26 - Christmas Holiday

# Saturday Hikes

## October

6 **Beacon Heights to Rough Ridge via Tanawha Trl.:** 5.1 mi. rated moderate (with some rough, rocky areas). Hike through one of the most spectacular sections of the Tanawha Trail. Stopover at the Viaduct Visitor Center, then on to Rough Ridge. We will spot cars at the Beacon Heights parking area. Meet at Rough Ridge Parking area. No dogs. Call hike leader Mike Lobban at 305-905-7000 or mjlobban@bellsouth.net for details.

13 **Elk Knob:** 3.8 mi. round trip, with 900 ft. gain in elevation. Spectacular views at the summit. The trails are mostly moderate, but steady incline; steep in some places. 2 ½ - 3 hrs. No dogs. Call hike leader, Lory Whitehead at 828-355-9071.

20 **Table Rock and Crest Trail:** Table Rock is 2 mi. of moderately strenuous hiking roundtrip. After returning to the parking area, hike the Mountains to Sea trail toward Shortoff Mtn. which affords many beautiful views of the Linville Gorge. Stop at "The Amphitheater" for lunch then return. Total hike will be approximately 4-5 mi. No dogs. Call hike leader Skip Rackmill at 828-355-9303.

27 **AT to Watauga Dam.** About 8 miles mild to moderate. Lovely hike around lake and coves. No dogs. Call hike leader Carol Ann Mitchell, 423-772-4280.

## November

3 **Boone Fork Trail:** Meet at the Price Lake picnic ground near MP 296 on the BRP. 5 mile loop, 4 ½ hrs., containing rivers, rapids, waterfalls, meadows, water crossings (easy-difficult, depending on water levels), and rhododendron tunnels. Includes 2 trail ladders. Rated moderately strenuous. Hiking sticks are suggested. No dogs. Call hike leader Bob Heath at 828-773-0471.

10 **Bear Wallow to Raven Rocks, to Moonshiners Run,** Roan Mtn. State Park. Approx. 6 miles moderate with some strenuous sections. No dogs. Call hike leader Carol Ann Mitchell, 423-772-4280.

17 **Bass Lake to Cone Manor:** 4.6 miles, 600' elevation gain, 3 hrs... Rated easy. This hike is on carriage trails, circles Bass Lake, climbs through woods up to the Cone manor house and then winds back down to Bass Lake, making a beautiful loop. Meet at Bass Lake parking area off Rte. 221 in Blowing Rock. No dogs. Call hike leader Roger Bodo at 828-260-2019.

24 **Thanksgiving Weekend** – No hike scheduled.

## December

- 1 **Hughes Gap on the AT to Roan High Bluff**, gorgeous views. 8 miles to Rhodo gardens, 11 miles if Bluff included. Moderate. No dogs. Call hike leader Carol Ann Mitchell, 423-772-4280.
- 8 **Quarterly Meeting**: Annual Holiday party and quarterly meeting. **Hosts**: Jan and Jim Evans, evansjj228@gmail.com.
- 15 **Trout Lake to Rich Mountain**: 6.5 mi. round trip to the top of Rich Mountain with 585' elevation gain. Begin at Trout Lake on a steady uphill climb on carriage trails with nice views at the top. Approximately 3-4 hrs., rated moderate. No dogs. Call hike leader Bob Heath at 828-773-0471.
- 22 **Christmas Weekend** – No hike scheduled.
- 29 **New Years Weekend** – No hike scheduled.